

## **ICF Certificate & CPLC Certification Requirements**

	ICF Level 1 Certificate	CPLC Certification	ICF Level 2 Certificate
Education Hours	60 Coach Education Hours	118 Coach Education Hours	125 Coach Education Hours
Required Courses	The Essentials of Coaching* Coaching Skills Development	The Essentials of Coaching* Coaching Skills Development Coaching Skills Mastery Ethical Practice & Risk Management	The Essentials of Coaching Coaching Skills Development Coaching Skills Mastery Ethical Practice & Risk Management The Successful Coach
1:1 Mentor Coaching	3 Hours	3 Hours	3 Hours
Performance Evaluation			
Coaching Experience	×	<b>100 Hours</b> (may include up to 25 pro-bono hours)	×
Time Commitment	6-12 Months	1-2 Years	1-2 Years
Financial Investment	<b>\$4,300</b> avg.	<b>\$6,300</b> avg.	<b>\$6,800</b> avg.