




# ICF Certificate & CPLC Certification Requirements

	 <b>ICF Level 1 Certificate</b>	 <b>CPLC Certification</b>	 <b>ICF Level 2 Certificate</b>
<b>Education Hours</b>	<b>60 Coach Education Hours</b>	<b>118 Coach Education Hours</b>	<b>125 Coach Education Hours</b>
<b>Required Courses</b>	<i>The Essentials of Coaching* Coaching Skills Development</i>	<i>The Essentials of Coaching* Coaching Skills Development Coaching Skills Mastery Ethical Practice &amp; Risk Management</i>	<i>The Essentials of Coaching* Coaching Skills Development Coaching Skills Mastery Ethical Practice &amp; Risk Management The Successful Coach</i>
<b>1:1 Mentor Coaching</b>	<b>3 Hours</b>	<b>3 Hours</b>	<b>3 Hours</b>
<b>Performance Evaluation</b>			
<b>Coaching Experience</b>		<b>100 Hours</b> <i>(may include up to 25 pro-bono hours)</i>	
<b>Time Commitment</b>	<b>6-12 Months</b>	<b>1-2 Years</b>	<b>1-2 Years</b>
<b>Financial Investment</b>	<b>\$4,300</b> avg.	<b>\$6,300</b> avg.	<b>\$6,800</b> avg.